



Personal Development Days'

INDEPENDENCE

KNOWLEDGE / LITERACY / NUMERACY / ORACY / AGENCY

CONTENT / TOPICS / CONCEPTS

VOCABULARY

ASSESSMENT

YEAR 7

1H7 Smoking and Vaping
Understanding the harmful chemicals in cigarettes & the risks of vaping.

2H7 Healthy Food— junk food

3H7 Staying Safe Online How to reduce personal risks online.

4H7 Online Gaming & Addiction The benefits & risks of gaming including grooming

5H7 Alcohol & Risk Understand how alcohol impacts the body

6H7 Personal Hygiene The causes of body odour & prevention. Importance of dental care.

7H7 FGM The dangers of Female Genital Mutilation

8H7 Sleep & Relaxation the importance of sleep on the body

YEAR 8

1H8 Health and Wellbeing To recognise a range of healthy & unhealthy habits.

2H8 Types of Bullying
Exploring the impact of bullying, including cyberbullying.

3H8 Healthy Eating
The components of a healthy diet

4H8 Stress Management
Strategies of dealing with stress.

5H8 Substance Misuse
To understand the way drugs effect users

6H8 Health Related Exercise— the benefits of exercise

7H8 Self Esteem— motivation and positivity triggers

YEAR 9

1H9 Healthy Foods -The dangers of junk food.

2H9 Health Related Exercise—The monitoring of heart rates

3H9 Healthy Minds— The connection between our bodies & Minds

4H9 Different types of addiction To understand the different types of addictions

5H9 The War on drugs— look at how the government tackle the drug trade

6H9 Illegal drugs To explore the dangerous effects of party drugs

YEAR 10

1H10 Social Media Violation— The role of social media influencers. Link between body image.

2H10 Sound Therapy—the use of sounds to improve health and well being.

3H10 Art Therapy—art being used to help express & understand difficult feelings.

4H10 Drama Therapy— using drama techniques help solve problems.

5H10 Health Related Exercise
- setting goals

6H10 Basketball Therapy— exercise link to mental health

7H10 Boxing Therapy— exercise link to mental health

YEAR 11

1H11 Body Image— The Odd One Out— The impact of social media on mental health

2H11 Exam Stress Buster
— Revision planning

3H11 Yoga— Mindfulness

4H11 First Aid— CPR and basic first aid

ILEARN Assemblies— 3IA— World Mental Health Day, 8IA-Safer Internet Day, 12IA Personal Hygiene, 13IA Grief, 16IA Emotional Literacy

Key Words— addiction, substance, anxiety , cyberbullying, cholesterol, mindfulness , resilience, body image, wellbeing, sensitivity, stigma, prevention, Personal hygiene, STI's

Assessment— PD Day Feedback in Ilearn booklets

Skills—Independence, Resilience, Paired work, Perseverance, Determination, Organising, Leadership, Personal Development, Numeracy and Literacy skills, Public Speaking,

Problem-solving, adaptability, emotional intelligence, teamwork, numeracy, literacy

SKILLS

ATTITUDE

Understanding others, behaviour and attitudes, SMSC, PSHE

Opportunities arise across the curriculum to address issues, discuss various attitudes, build respect for all and are built into topics. Physical lesson activities designed to get the children working together, sharing, communicating. The Lawn Manor Way is adhered to throughout, classroom routines clear and children are encouraged to take pride in their work and the department. Teamwork and cooperation built into the curriculum.

RESILIENCE

Character, personal Development, wellbeing and CIAG

Children are actively encouraged to embrace mistakes and to see them as a focus of how to improve. and personal feedback , both written and oral will help with improving work. Modelling work and looking at most efficient methods of learning a focus.



YEAR 7

1R7 Growing Up— physical changes, puberty. Consent

2R7 Teambuilding— developing social skills

3R7 The importance of being kind.— a focus on positive relationships

4R7 - Prejudice and discrimination— focus on tolerance & respect of others within society

5R7 - Hate Crime— racism, friendship, gangs

YEAR 8

1R8 Healthy Relationships— different types of relationships.

2R8 Consent—creating boundaries.

3R8 Introduction to contraception— different types of contraception.

4R8 Types of bullying— to recognize bullying

5R8 Cyberbullying—a focus on online bullying and ways to reach out.

6R8 LGBTQ+ - Understanding what it is.

7R8 County Lines— dangers of gangs & Knife crime

YEAR 9

1R9 Relationships-mutual respect, trust & respect.

2R9 Contraception Explored—using a condom

3R9 Sexual Harassment. A focus on what it is and the law on consent.

4R9 Anti-Bullying— responding to bullying to help others.

5R9 Healthy Relationships-at school and at home

6R9 Upfront theatre company - Sexuality, consent & relationships

7R9 Exploitation— sexting/gangs/grooming/harassment

YEAR 10

1R10 Families.— trust, love and marriage

2R10 Sex Education—STI's explored.

3R10 Online Pornography—The law relating to it and addiction.

4R10 Modern Day Slavery— focus on sexual exploitation and gangs

5R10 Mutual Respect & Tolerance—How to treat people, including misogyny.

6R10 Sexual Harassment— inappropriate behavior

7R10 Upfront theatre com-

YEAR 11

RPE Fortnight
Why Diversity Matters

- Sexual Orientation & intersex
- Culture
- Generational Gender
- Religion
- Evil & Suffering
- Marriage
- Abortion

ILEARN Assemblies— 4IA— Anti-bullying, 16IA Emotional Literacy

Key Words— harassment, exploitation, misogyny, contraception, consent, intimacy, expectations, qualities, conflict, ethical, moral, unhealthy, pressurised, manipulated, coerced,

Assessment— PD Day Feedback in Ilearn booklets

Skills—Independence, Resilience, Paired work, Perseverance, Determination, Organising, Leadership, Personal Development, Numeracy and Literacy skills, Public Speaking, Problem-solving, adaptability, emotional intelligence, teamwork, numeracy, literacy

SKILLS

ATTITUDE

Understanding others, behaviour and attitudes, SMSC, PSHE

Opportunities arise across the curriculum to address issues, discuss various attitudes, build respect for all and are built into topics. Physical lesson activities designed to get the children working together, sharing, communicating. The Lawn Manor Way is adhered to throughout, classroom routines clear and children are encouraged to take pride in their work and the department. Teamwork and cooperation built into the curriculum.

RESILIENCE

Character, personal Development, wellbeing and CIAG

Children are actively encouraged to embrace mistakes and to see them as a focus of how to improve. I and personal feedback, both written and oral will help with improving work. Modelling work and looking at most efficient methods of learning a focus.



Personal Developments Days'

INDEPENDENCE	KNOWLEDGE / LITERACY / NUMERACY / ORACY / AGENCY	CONTENT / TOPICS / CONCEPTS	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
			1L7 Financial Education— financial decisions when selling a product 2L7 Black History—celebrating black history month 3L7 Careers Fair—speak to colleges & local employers 4L7 Make a Smoothie— enterprise design, marketing & finance, presentations. 5L7 Staying Safe online— having clear boundaries 6L7 Multicultural Britain— respect & tolerance within society 7L7 Breaking down Stereotypes—Challenging stereotypes 8L7 Election & campaigning— debating & researching 9L7 Road Safety— for pedestrians & Drivers	1L8 Careers & Aspirations — looking to the future 2L8 Forestry— solving puzzles within forest school 3L8 Black History—celebrating black history month 4L8 Careers Fair—speak to colleges & local employers 5L8 Building a Community— making decisions & how laws are made. 6L8 Equality & Diversity— Equality Act & removing the barriers 7L8 Racism & Discrimination— how it has affected society &the workplace. 8L8 Law & Crime—how laws are made & decisions made	1L9 Careers Fair—speak to colleges & local employers 2L9 Fake News—identifying fake news 3L9 Careers & Aspirations— to shape choices for KS4 4L9 MADE— Goals & aspirations 5L9 Conspiracies & Narratives—theories can damage society 6L9 What is terrorism? - exploring why people may choose to commit acts of terrorism. 7L9 Antisemitism & Islamophobia— understanding why its happening today 8L9 Apprenticeships– Understanding what they are 9L9 From failure comes success— Resilience	1L10 Finance—how to budget 2L10 Employment Skills– personal strengths & goal setting 3L10 Tik Tok Generation–how edited social media can distort our views. 4L10 Black History–celebrating black history month 5L10 Careers Fair–speak to colleges & local employers 6L10 Social Media Violation The role of social media influencers. 7L10 Women’s Rights–exploring the changing role of women in society. 8L10 Fair Trade & Free Trade– to understand the principles of fair trade 9L10 Critical Thinking & Fake News –spotting fake news. 10L10 World Issues –War,	1L11 Employment Skills– strengths, interests & qualities 2L11 Black History–celebrating black history month 3L11 Careers Fair–speak to colleges & local employers 4L11 ASK—talk on apprenticeships 5L11 Study Higher—talk on preparing for University 6L11 Challenge Day— working in teams to complete tasks set by local companies. 7L12 MADE– Revision made easy
			I LEARN Assemblies— 1IA British Values ,9IA International Womens’s Day, 15IA Week of Welcome, 2IA European Languages Day				
			Key Words– research, debating, enterprise, budget, influences, rights and responsibilities, discrimination, harassment, aspirations, growth mindset, multicultural, attributes, boundaries, stereotypes , vocational, academic, financial				
VOCABULARY	ASSESSMENT	Assessment— PD Day Feedback in Ilearn booklets	Skills—Independence, Resilience, Paired work, Perseverance, Determination, Organising, Leadership, Personal Development, Numeracy and Literacy skills, Public Speaking, Problem-solving, adaptability, emotional intelligence, teamwork, numeracy, literacy			SKILLS	
ATTITUDE		RESILIENCE					
Understanding others, behaviour and attitudes, SMSC, PSHE		Character, personal Development, wellbeing and CIAG			Children are actively encouraged to embrace mistakes and to see them as a focus of how to improve. Iand personal feedback , both written and oral will help with improving work. Modelling work and looking at most efficient methods of learning a focus.		
Opportunities arise across the curriculum to address issues, discuss various attitudes, build respect for all and are built into topics. Physical lesson activities designed to get the children working together, sharing, communicating. The Lawn Manor Way is adhered to throughout, classroom routines clear and children are encouraged to take pride in their work and the department. Teamwork and cooperation built into the curriculum.							